

The favorites started the final of the Lithuanian women’s handball championship with a convincing victory Sports

TRENDS Melissa Trend 26 days ago



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In the first match of the final, Cascada-HC Garliava SM, playing at home, won convincingly with the result 34:23 (15:12). The hosts took the lead from the first minutes and did not allow the opponents to equalize the result until the end of the match. At the beginning of the second half, "Eglės" handball players managed to reduce the deficit to a minimum of 14:15. However, "Cascada-HC Garliava SM" responded with a spurt and did not allow the rivals to think about victory.

No one has been able to stop Cascada-HC Garliava SM this season. Garliaviškės won all 12 victories in the regular season, and in the semi-final series they beat Žalgiris Kaunas, who lost the championship title, 2:0. In addition, the Garliava team already won the Super Cup this season and became the winner of the Lithuanian Handball Federation Cup tournament.

Martyna Vaitkutė, who scored 7 goals, played the most productively in the ranks of the winners. Kamilė Bušaitė, Martyna Ustilaitė and Mantė Voskresenskaja added 6 goals to the victory. Greta Sadauskaitė scored 7 goals for "Eglės" team, Rita Rakauskienė scored 4 goals, Beatričė Ruseckaitė and Deimantė Burbaitė scored 3 goals each.

"A final is a final and there was excitement at the start of the match. The girls were not disciplined. All that mattered was running and throwing. A lot had to play in the minority after eliminations. We gained a tangible lead only in the second half and won a confident victory.

Our better physical preparation also helped, the girls were faster than their opponents in the second half. Before the second match of the final, we will analyze where the defense needs to be improved, where the attack needs to be strengthened. Unfortunately, we were not without injuries in the first match of the final. It is not clear whether the injured leaders will be able to recover before the next match," said Rita Urnikienė, coach of Cascada-HC Garliava SM.

"The competition was much fresher. This was one of the main reasons for the defeat. Garliava’s semi-final series was easier, while we had a tough series and the short time left to recover had a lot to do with it.

Before the second match of the final, absolutely everything needs to be improved. We were not better than our opponents in any aspect and "Garliava" was at least one step ahead of us everywhere. You need to draw conclusions and look at the next match as a new story, not looking back. So far, nothing has been lost and the fight for the gold continues," said Eglė’s coach Karolis Kaladinskas.

The second match of the final will take place on Sunday in Vilnius.

On Thursday, the battle for the bronze medals will begin between Vilnius SM "Sostinės tauras" and Kaunas "Žalgiris". The fight for bronze is up to two victories.

The article is in Lithuanian

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